



Examples of no-cost services with Comfort®

General examples

- Annual physical
- Immunizations administered during a doctor's visit
- Office visit for maternity care, including ultrasound
- Routine well-baby visit
- Ongoing visits with your mental health therapist
- Checkup to take a scan and examine the status of a blood clot in the leg
- Post-op follow up after surgery to confirm things are healing properly
- Weekly PT visits to heal and strengthen leg muscles after achilles tendon repair surgery
- Weekly telemedicine visits with a psychologist to receive mental health treatment

Applied examples

- You take a generic prescription daily and get it filled every month
- You take Humalog (an insulin) regularly to manage your diabetes
- You take Symbicort regularly (a medication to treat asthma)
- You hurt your ankle on a run and visit the doctor for a check-up and x-ray
- You visit a specialist, and they order a MRI or a CT scan
- You go to the clinic for a routine mammogram
- You're in remission from breast cancer and go to the clinic for a diagnostic mammogram
- You visit a dermatologist to check the skin on your arm, and the dermatologist removes several moles while you're there
- You visit a chiropractor to treat your back pain
- You take your child to urgent care because they're displaying flu symptoms on the weekend, when the PCP's office is closed



The health plan of the future is here.

Comfort is the first-of-its-kind health plan that eliminates cost barriers and provides value to all participants, promoting better long-term health and improved customer satisfaction.

Comfort provides 100% coverage on most common healthcare services, at a cost comparable to traditional group health plans.

To learn more about Comfort:

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