Gravie Comfort \$4000 OOPM Complete : Choice Therapy, PA

Coverage Period: 12/1/21-11/30/22 Coverage for: Individual, Spouse and Family Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.gravie.com/. For definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 855.451.8365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In- <u>network providers</u> : \$4,000 individual/\$8,000 family. Out-of- <u>network providers</u> : \$10,000 individual/\$20,000 family.	See the Common Medical Events chart below for a summary of coverage provided by this <u>plan</u> . For some services, a <u>copayment</u> or payment toward the out-of-pocket may apply.
Are there services covered before you meet your <u>deductible</u> ?	Yes. In-network <u>preventive care</u> services, office visits (primary and specialty care), on-line care through MDLIVE ®, labs and related imaging work, <u>urgent care</u> visits and generic prescriptions are covered at no cost. The no cost portion only applies to labs/imaging related to the office visit.	This <u>plan</u> covers some items and services even if you haven't met the <u>deductible</u> amount. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> . See a list of covered preventive services at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> . Copay/ <u>coinsurance</u> may apply to some services.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	In- <u>network providers</u> : \$4,000 individual / \$8,000 family (\$4,000 per family member). Out-of- <u>network providers</u> : Not applicable. For ease of reference, your out-of-pocket maximum will be referred to as OOPM through this document.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. The in-network OOPM is the same as the deductible. There is no <u>out-of-pocket limit</u> for out-of- <u>network providers</u> .
What is not included in the <u>out-of-</u> <u>pocket limit</u> ?	Premiums, balance-billing charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.PreferredOne.com/conmplete or call 855.451.8365 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

What You Will Pay				
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No charge	50% <u>coinsurance</u> after <u>deductible</u>	Access to lower-cost online care services may be available through MDLIVE ®. Dialysis, chemotherapy, radiation and certain injectable drugs are not free when administered at an office or clinic. For more information, you can contact Gravie Customer Service at 855.451.8365.
	<u>Specialist</u> visit	No charge	50% <u>coinsurance</u> after <u>deductible</u>	Access to lower-cost online care services may be available through MDLIVE ®. Dialysis, chemotherapy, radiation and certain injectable drugs are not free when administered at an office or clinic.
	Preventive care/screening /immunization	No charge	50% <u>coinsurance</u> after <u>deductible</u>	Some over-the-counter (OTC) drugs can be obtained with a prescription at the preventive level of coverage.
If you have a test	Diagnostic test (x-ray, blood work)	Office/Clinic: No charge. Hospital: No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	No charge services limited to tests done within office or clinic. OOPM applies to tests associated with a <u>hospitalization</u> . Prior authorization may be required.
If you have a test	Imaging (CT/PET scans, MRIs)	Office/Clinic: No charge. Hospital: No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	No charge services limited to tests done within office or clinic. OOPM applies to tests associated with a <u>hospitalization</u> . Prior authorization may be required.
	Generic drugs	Retail: No charge. Mail: No charge.	Not covered	Retail and mail order available up to 90-day supply.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at 855.451.8365	Preferred brand drugs	Retail, 30-day supply: \$75 copay Retail,90-day supply: \$150 copay Mail, 90-day supply: \$150 copay	Not covered	Retail and mail order available up to 90-day supply.
	Non-preferred brand drugs	Retail and mail: No charge after OOPM	Not covered	Retail and mail order available up to 90-day supply.
	Specialty drugs	Retail and mail: No charge after OOPM	Not covered	Retail and mail order available up to 30-day supply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization may be required for certain outpatient surgery procedures.
	Physician/surgeon fees	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	None
If you need immediate medical attention	Emergency room services	\$250 copay	\$250 copay	Services in connection with an Emergency are covered at in-network level.
	Emergency medical transportation	No charge after OOPM	No charge after OOPM	Services in connection with an Emergency are covered at in-network level.
	Urgent care	No charge	50% <u>coinsurance</u> after <u>deductible</u>	None

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization may be required
n you nave a nospital stay	Physician/surgeon fees	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	None
If you need mental health,	Outpatient services	Office/Clinic: No charge. Hospital: No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	Access to lower-cost online care services may be available through MDLIVE $\ensuremath{\mathbb{R}}$
behavioral health, or substance abuse services	Inpatient services	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization may be required
	Office visits	No charge	50% <u>coinsurance</u> after <u>deductible</u>	Cost sharing does not apply for preventive services. Depending on the type of services, <u>copayment</u> , <u>coinsurance</u> , <u>deductible</u> may apply.
If you are pregnant	Childbirth/delivery professional services	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	None
	Childbirth/delivery facility services	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization may be required
If you need help recovering or have other special health needs	Home health care	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	100 visit limit per year.
	Rehabilitation services	Office/Clinic: No charge. Hospital: No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization is recommended for physical, occupational and speech therapy.
	Habilitation services	Office/Clinic: No charge. Hospital: No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization is recommended for physical, occupational and speech therapy.
	Skilled nursing care	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	120 days per member per year. Prior authorization may be required
	Durable medical equipment	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	Limits may apply. Prior authorization may be required.
	Hospice service	No charge after OOPM	50% <u>coinsurance</u> after <u>deductible</u>	Prior authorization may be required.
If your child needs dental	Children's eye exam	No charge	50% <u>coinsurance</u> after <u>deductible</u>	Limit of 1 routine exam per year.
or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None
Excluded Services & Othe	er Covered Services:			
Services your <u>plan</u> Generall	y Does NOT Cover (Check yo	ur policy or <u>plan</u> document for m	ore information and a list of any	other <u>excluded services</u> .)
Acupuncture Bariatric surgery Cosmetic Surgery (unless determined to be reconstructive)				

• Acup	ounctu	ire	

• Dental care (Adults)

• Non-emergency care when traveling outside the U.S.

 Hearing aids • Routine foot care (except certain conditions)

Infertility treatment

- · Long-term care • Weight loss programs (except preventive obesity
 - counseling/screening)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care

• Private-duty nursing (Inpatient Only)

* For more information about limitations and exceptions, see the Plan or policy document at www.gravie.com

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Routine eye care (Adult)

Your rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for the agency is the Department of Labor's Employee Benefits Security Administration at 1.866.444.EBSA (3272) /www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1.800.318.2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, you can contact Gravie Customer Service at 855.451.8365 or the Department of Labor's Employee Benefits Security Administration at 1.866.444.EBSA (3272) /www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 763.847.4477 / 800.997.1750]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 763.847.4477 / 800.997.1750]

[Chinese (中文): 如果需要中文的 助 763.847.4477 / 800.997.1750]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 763.847.4477 / 800.997.1750]

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

\$4,000 \$0 0% 0%

\$4,060

The <u>plan's</u> overall <u>deductible</u>	
Specialist copay	
 Hospital (facility) coinsurance 	

Other coinsurance

The total Peg would pay is

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$4,000
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or Exclusions	\$60

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$4,000
Specialist copay	\$0
 Hospital (facility) <u>coinsurance</u> 	0%
Other <u>coinsurance</u>	0%
This EXAMPLE event includes services like:	

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable Medical Equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$800	
<u>Copayments</u>	\$1000	
Coinsurance	\$0	
What isn't covered		
Limits or Exclusions	\$30	
The total Joe would pay is	\$1,830	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$4,000
Specialist copay	\$0
 Hospital (facility) <u>copay</u> 	\$250
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic tests (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$1200
<u>Copayments</u>	\$300
Coinsurance	\$0
What isn't covered	
Limits or Exclusions	\$0
The total Mia would pay is	\$1,500

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.