

Care Advantage Program

Achieve your best health

Gravie and PreferredOne have partnered to bring you Care Advantage—a suite of services that meet members where they are in their journey toward optimal health.

With Gravie's Care Advantage program, members with complex health conditions have access to the tools they need to improve, and in some cases, prevent their condition from worsening. Gravie's Care Advantage Program includes steps for prevention, improving health, reducing the risk of unplanned hospital and emergency room visits, and other complications. Members have access to registered nurses, social workers, and physicians as needed. Gravie's Care Advantage Program is available to all members at no cost.

What's included

Case Management

Working with you and your health care providers, PreferredOne's case managers coordinate your plan. Your case manager will become familiar with your case and will help manage your complex condition to get the best health care results efficiently and cost-effectively.

Chronic Illness Management (CIM)

Living with a chronic illness can be a challenge. PreferredOne's RNs and social workers can help you:

- Track important signs and symptoms of an illness
- Learn helpful ways to follow your treatment plan
- Maximize office visits with your providers
- Get in touch with your providers in a timely manner
- Get ongoing support, education, and motivation toward lifestyle changes

Treatment Decision Support (TDS)

During your pregnancy, PreferredOne's Healthy Mom and Baby program will provide the support you need between office visits. Pregnant mothers have access to additional resources and a certified nurse line at no additional cost.



How it works

Step 1

PreferredOne will initiate contact with qualified members based on your health history. Or if you would like to get started now, call **1.800.940.5049**, enter #1 and ext. 3456.

Step 2

You will be assigned a case manager. Connect with them ongoing to help coordinate and advocate for high-quality care on your health journey.

Common case management conditions:

Cancer, stroke, kidney disease, liver disease, transplants, spinal cord injury, traumatic brain injury, newborn with complications, depression/mental health issues

Common chronic illness management conditions:

Diabetes, ALS, coronary heart disease, cystic fibrosis, heart failure, chronic obstructive pulmonary disease, asthma, ulcerative colitis, parkinson's disease, crohn's disease, rheumatoid arthritis, lupus, multiple sclerosis